

Luisne Centre for Spirituality  
Kilcoole (Exit 11 from N11)  
[www.luisne.ie](http://www.luisne.ie) [office@luisne.ie](mailto:office@luisne.ie)  
0860517575

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Welcome to Luisne's list of courses, events and workshops upto May 2018.

Visit [www.luisne.ie](http://www.luisne.ie) for complete details on all activities and our newly added activities not on this brochure.

Please check out our  posts and share.

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**Saturday, Jan 13<sup>th</sup>**

**Nature Mysticism**  
with Sr. Evelyn Greene  
10am – 3pm; COST: €25



**Mondays from Jan**

**15<sup>th</sup>**

***Reflections on  
Mysticism*** with Ann  
and Marie Andre.

8pm- 9:30pm; COST: €65



**Tuesdays from Jan**

**16<sup>th</sup>**

**Walking the Spiritual  
Path** with Sr Miriam

Weekly

10.45am-12pm



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**Tuesdays from Jan 16th**

**Yoga with Niamh Daly**

087 950-6923

*10 weeks*

7.30pm – 8.30pm

COST: €13 -€110



**Wednesdays from Jan 17th**

**Sacred Dance Meditation**

**with Barbara Perry**

087 1343 907 *Weekly*

8pm – 9.30pm

COST: €12-€110

**Thursdays from Jan 18th**

**Soul Bowl: Sound Therapy**

**for Health &**

**Transformation –**

0872898073 *5 week*

7.30pm – 8.30pm

COST: €15-€65





**Saturday, Jan 27<sup>th</sup>**

**STARTING ANEW-a New Year Retreat**

with Michaela Avlund and Harry Parkinson

10am-4pm Cost €40

**Saturday 3<sup>rd</sup> Feb**  
**Extended Meditation Practice & St Brigid's Festival.**

10.30am-1pm  
By donation



**Saturday 17<sup>th</sup> Feb**

**Meaningful Faith in Today's Society:**

Diarmuid O'Murchu

**Enlarged Horizons of the emerging Spirituality.**

2pm-5pm COST: €20



**Sat / Sun 24 Feb**  
**T'ai Chi & Dance February Weekend**

10.30am – 4pm COST: €80



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**Saturday, March 3<sup>th</sup>**  
**Extended Meditation Practice**

10:30am – 1pm; Donation

**Saturday March 10<sup>th</sup>**  
**Searching for a Meaningful Faith in Today's Society, 5 of 5**  
Diarmuid O'Murchu  
2pm-5pm; COST: €20



**Saturday March 24<sup>th</sup>**  
**Holy Week Sacred Dance Day**

10am – 4pm COST: €50



**Saturday 14<sup>th</sup> April**  
**The Why, What and How of Mindfulness – 3 sessions:**

10am -1pm COST: €75

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**Saturday, 21<sup>th</sup> April**



**Earth Day Ritual**

10:45am – 12pm

Donation



**Saturday 12<sup>th</sup> May**

**Zen Retreat Day  
with**

Roshi Robert Kennedy  
10.30am-5pm COST: €60



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